

## Stop the virus spreading! Helping our community

It is vital and urgent that everyone observes “social distancing” NOW!

We are creating a QPARA-wide support network, so that those most at risk and those self-isolating with symptoms can avoid shopping for necessities. Those most at risk are anyone over 70, those with serious long-term medical conditions and pregnant women.

There are already several street initiatives to help neighbours and this won't replace what is already working. We want to make sure the whole neighbourhood is covered. See reverse for the list of the streets in our area.

Would you like  
help shopping?

Can you help with  
shopping?

Please contact your QPARA Zone Co-ordinator (details overleaf) if you can help or if you need help. Co-ordinators will link helpers with those who need help and make contact by phone or email.

Guidance on safe shopping for others will be sent to Co-ordinators.

See our website [qpark.org.uk](http://qpark.org.uk), Facebook page @queensparkresidents and Twitter feed @qparkres for updates from QPARA. Brent Council is providing updates at [www.brent.gov.uk](http://www.brent.gov.uk).

*This initiative was developed by QPARA in dialogue with Brent Council, Ward Councillors Neil Nerva, Ellie Southwood, James Denselow, St Anne's Church, Lonsdale Medical Group and several street level Covid-19 mutual aid networks.*

**Below is a list of Zone Co-ordinators for this network. Please contact them if you need help or if you can volunteer to help people with their daily needs like shopping**

<b>Zone 1</b> Brooksville Avenue	Ruth Kitching	11 Creighton Road <i>ruth@kitching.clara.co.uk</i>	0208 969 6408
<b>Zone 2</b> Carlisle Road + Dunmore Road + Radnor Road	David Hodge	27 Creighton Road <i>hodge412@btinternet.com</i>	0208 723 5855 07799 413745
<b>Zone 3</b> Chevening Road East + Salusbury Road above Brooksville	Jamie Newall	10 Brondesbury Park Mansions <i>qparainfo@gmail.com</i>	0207 328 0397
<b>Zone 4</b> Chevening Road West	Harry True	5 Chevening Road <i>harry@trueassociates.co.uk</i>	07973312847
<b>Zone 5</b> Creighton Road + Peploe Road	Andra King	23 Creighton Road <i>andraking@me.com</i>	07767 623972 0208 969 2897
<b>Zone 6</b> Harvist Road East 1-99, 2-22	Theresa Baker	29A Harvist Road <i>theresabaker789@yahoo.com</i>	02088960 4127
<b>Zone 7</b> Harvist Road West: 24-116, 101-265	Diane Feeney	177 Harvist Road <i>dfeeney4@gmail.com</i>	07383 526358
<b>Zone 8</b> Hopefield Avenue	Judy Wilcox	5 Hopefield Avenue <i>judyannwilcox@gmail.com</i>	0208 960 9170 07887 645608
<b>Zone 9</b> Kempe Road + Chamberlayne Road (Harvist to Chamberlayne E side)	Sue Herbert	44A Kempe Road <i>sherbkobe@gmail.com</i>	0208 621 5706
<b>Zone 10</b> Keslake Road	Deborah Unger	63 Keslake Road <i>debcwise@gmail.com</i>	07432 166622
<b>Zone 11</b> Kingswood Avenue	Gabrielle Crockatt	25 Kingswood Avenue <i>gabrielle.crockatt@gmail.com</i>	0208 960 1756
<b>Zone 12</b> Milman Road	Tina Wooderson	35 Milman Road <i>tinawooderson@talktalk.net</i>	0208 969 4132
<b>Zone 13</b> Montrose Avenue + Salusbury (South of Montrose)	Evanthe Blandy	2 Montrose Avenue <i>e.m.blandy@gmail.com</i>	0208 960 3040
<b>Zone 14</b> Summerfield Avenue + Dudley Road	Kevin Mansfield	20 Summerfield Avenue <i>kevinmansfield@hotmail.com</i>	0208 960 5831
<b>Zone 15</b> Windermere Avenue + Salusbury (Brooksville to Montrose)	Evelyn Cantor	18 Windermere Avenue <i>evecantor18@yahoo.co.uk</i>	0208 960 0548
<b>Zone 16</b> Winchester Avenue + College Parade	Diane Haynes	52 Winchester Avenue <i>dianehaynes@hotmail.com</i>	0207 372 4915
<b>Zone 17</b> Brondesbury Road (79 to 131+76 to 134), Brondesbury Villas (111+ 114 to 148) Victoria Road (106 to 140+135 to 171)	Sue Johnson	64 Brondesbury Road <i>susanjohnson2402@gmail.com</i>	07866 609915
<b>Zone 18</b> Donaldson Road + Hartland Road + Honiton Road + Lynton Road	Gill Halifax	28 Hartland Road <i>gillhalifax28@gmail.com</i>	0207 328 2881
<b>QPARA Covid19 general inquiries</b>	Virginia Brand Robin Sharp	<i>virginia@brandbc.co.uk</i> <i>robisharp@gmail.com</i>	WhatsApp on 07791 533035 0208 969 0381

**Note: information supplied will be used only to help people cope with Covid-19**